

Woodberry Day Nursery - Menu Week two

All special dietary needs will be met and agreed in consultation with parents/carers.

Day	Breakfast	Mid morning snack	Lunch & Dessert	High tea	Baby lunch <i>All with fresh fruit puddings.</i>	Baby tea
Mon	We provide a selection of cereals (with no added sugar or colours) with fresh whole milk, pancakes, porridge, croissants, toast and fresh fruit. To drink we have fresh juice, water and milk.	Pancakes Milk or water.	Fish fingers, mashed potatoes and spaghetti in tomato sauce. Fresh fruit	Cheese straws, Fresh salad. Home made cake. Water.	Fish fingers, mashed potatoes and spaghetti in tomato sauce.	Pasta with lentils and fresh seasonal vegetables. Water.
Tues		Sardines in tomato sauce on toast. Milk or water.	Chicken and bacon parcels with new potatoes and seasonal vegetables. Fresh fruit	Selection of fresh finger rolls, cheese scones. Salad. Fresh fruit and water.	Chicken with new potatoes and seasonal vegetables. Water.	Vegetable medley. Water.
Wed		Fruit Milk or water.	Spaghetti Bolognese with vegetables. Homemade garlic bread. Fresh fruit	Baked potato with cheese. Tuna pastry slice, salad & water.	Spaghetti Bolognese with vegetables. Water.	Cheese and potato pie with carrots. Water.
Thurs		Croissants Milk or water.	Chicken and vegetable curry with rice and naan bread. Fresh fruit	Lentil soup and a brown roll. Home made oat cakes. Water.	Chicken and vegetables with sweet potato. Water.	Mackerel and vegetable mash. Water.
Fri		Choice of cereals Milk or water.	Chilli con carne with brown rice. Fresh fruit	Homemade vegetable mini pizza with cucumber sticks and cherry tomatoes. Water.	Chilli con carne with brown rice.	Pasta with sweet pepper sauce. Water.