

Woodberry Day Nursery - Menu Week three

All special dietary needs will be met and agreed in consultation with parents/carers.

Day	Breakfast	Mid morning snack	Lunch & Dessert	High tea	Baby lunch <i>All with fresh fruit puddings.</i>	Baby tea
Mon	We provide a selection of cereals (with no added sugar or colours) with fresh whole milk, pancakes, porridge, croissants, toast and fresh fruit. To drink we have fresh juice, water and milk.	Croissants. Water or milk.	Cheese pasta bake and seasonal vegetables. Fresh fruit	Sandwiches, yoghurt and fresh fruit. Water.	Cheese pasta bake with seasonal vegetables . Water.	Creamy tofu, parsnip and potatoes. Water.
Tues		Cheese and fruit. Water or milk.	Chicken pie with roast potatoes and fresh seasonal vegetables. Fresh fruit	Vegetable soup with wholemeal roll and home made cheese scones. Water.	Chicken pie with roast potatoes and fresh seasonal vegetables. Water.	Tuna with sweet potato and broccoli. Water.
Wed		Pancakes Water or milk.	.. Grilled fish with new potatoes, seasonal vegetables and cheese sauce. Fresh fruit	Selection of fresh sandwiches and home made tuna pastry slice & salad. Water.	Grilled fish with new potatoes, seasonal vegetables and cheese sauce. Water.	Lentils with carrot and coriander. Water.
Thurs		Choice of cereals Water or milk.	Shepherds pie and seasonal vegetables. Fresh fruit	Home made pizza served with sandwiches, cucumber sticks and cherry tomatoes. Water.	Shepherds pie and seasonal vegetables. Water.	Cauliflower cheese. Water.
Fri		Oatcakes. Water or milk.	Tuna hash with carrots and sweet corn. Fresh fruit	Sardines on toast, Carrot sticks and Home made cup cakes with orange zest. Water.	Tuna hash with carrots and sweet corn. Water.	Chick pea, sweet potato and cauliflower mash. Water.